

SUPPORTING US WITH **PRIDE**

City of Highland Heights

City of Lyndhurst

City of Mayfield Heights

Mayfield Village

City of Richmond Heights

City of South Euclid

Community Partnership on Aging

Great Lakes Billing Associates, Inc.

Hillcrest Rotary

University Hospital Richmond
Medical Center

ADOPT-A-ROUTE PARTNERS

Great Lakes Billing Associates, Inc.

Marcum, LLP.

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A 501(c)3 tax-exempt organization

Hillcrest



1341 Parkview Drive
Lyndhurst, Ohio 44124
440-449-3551

mealsonwheels@lyndhurst-oh.com
www.hillcrestmow.org

A Private, Non-Profit
Volunteer-Based Organization

Serving
Lyndhurst, Highland Heights,
Mayfield Heights, Mayfield Village,
Richmond Heights and South Euclid

*Proud Member of
Meals on Wheels America*

MORE THAN A MEAL

Our clients' families have peace of mind knowing their loved ones have been visited by one of our volunteers.

Hillcrest Meals on Wheels is a service designed to meet the nutritional needs of homebound, disabled and elderly residents, who are unable to shop or prepare meals.

Meals are delivered Monday through Friday between 10:45 a.m. and noon by volunteers. Hillcrest Meals on Wheels offers a dietitian-approved hot meal plan for a minimal fee.

These meals are prepared by University Hospitals Richmond Medical Center. We can accommodate a basic low sodium/low cholesterol diet.

For more information, contact:

Judy Conkling
Program Coordinator

Office Telephone: 440-449-3551
9 a.m. to 1 p.m., Monday–Friday
mealsonwheels@lyndhurst-oh.com

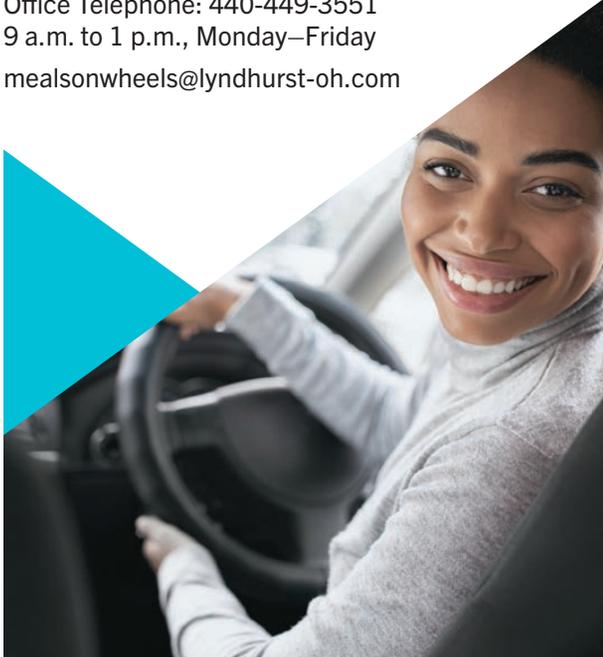


THE JOY OF VOLUNTEERING

Established in 1983, Hillcrest Meals on Wheels currently delivers more than 16,000 meals a year in the Hillcrest communities. Volunteers take a special interest in our clients' welfare. They say delivering meals requires little time yet gives so much comfort to those who depend on this service.

WANT TO HELP?

- ✓ Spread the Word
- ✓ Volunteer
- ✓ Donate



ADOPT-A-ROUTE

Adopt-A-Route was created for Hillcrest area corporations, churches, synagogues, and civic organizations because of an expressed interest in serving their communities.

As the population of clients needing our service increases, our need for volunteers continues to grow. Help us keep this vital community service working in your neighborhood and become an Adopt-A-Route partner.

We ask that your group commit to two people one day a week, for approximately one hour, to deliver meals to our clients in the Hillcrest area.

The Adopt-A-Route program:

- Provides your organization an opportunity to serve your community
- Gives your organization visibility in the community
- Establishes a year-round spirit of giving for those who lend a hand to help deliver meals
- Gives members a sense of pride for their organization's commitment to community service project